



60
Writing
Prompts for
Couples

WORKSHEET

How did you meet your partner?

What attracted you to your partner?

What made you realize this is more than a casual relationship?

How did you recognize that your partner is equally interested in you?

What did you feel on your first date?

What lead to your first kiss?

How did you end up having sex together for the first time?

What was your first fight about?

How did you feel when you revealed your love for your partner for the first time?

How did you plan/feel about your proposal?

What do you remember about your engagement?

What are your recollections of your wedding?

What are your honeymoon memories?

What are your memories of setting up a home together?

What are your recollections of anniversaries?

What did you feel when you first came to know about your first pregnancy?

What are your memories of the birth of your first child?

How did you share the chores and workload in the early days?

What are your recollections of past vacations?

How simple life was in those early days together?

What have you learned about your partner in the past year?

What have you learned about yourself in the past year?

What do you appreciate in your partner?

What is it that you don't want to talk about?

How do you feel about something your partner refuses to talk about?

What have you sacrificed for the relationship?

How do you feel about giving them up for the sake of the relationship?

What compromises have you made for being together?

How much do you trust your partner?

How does your partner like to show affection?

What are the most annoying habits of your partner?

What is the most endearing attribute of your partner?

How comfortable are you with the power-sharing arrangement in the relationship?

Describe your partner.

Describe your feelings for your partner.

What do you think that your partner thinks about you?

Do you expect this to be your last relationship?

How do you feel about sharing your personal space with your partner?

Are you comfortable sharing your personal articles with your partner?

Do you consider yourself an extrovert or an introvert?

How do you feel about cooking for your partner?

What is your partner's favorite dish?

How do you feel about taking care of your partner when they are sick?

Do you think relationships are for life?

How do you feel about your partner borrowing your clothes?

What do you think about sharing your earnings?

How would you react if your partner turns vegan overnight?

Do you think a woman's primary role is that of a caregiver?

What would you feel about taking up your partner's duties in emergencies?

How do you feel about consulting your partner about money matters?

What do you know about your partner's preferences?

Tea or coffee? How does your partner prefer to take it?

Do you know whether your partner likes pets?

Do you know what your partner's favorite music/book/movie is?

What would you like to do when it is raining?

What was the topic of your last phone call?

What was the last lie you told your partner?

When was the last time you slept alone?

When was your last dinner outing together?

What would you like to say as the last words to your partner?
